



# PREVENTION AND CONTROL OF HYPERTENSION

The World Health Organization attributes hypertension, or high blood pressure, as the leading cause of cardiovascular mortality. It has been recognized that more than 50 percent of the hypertensive population worldwide are unaware of their condition.

To address this problem, the World Health League initiated a global awareness campaign on hypertension in 2005 and dedicated May 17 of each year as World Hypertension Day.

In India, around 26 percent of Indians above the age of 45 years reported to be diagnosed with hypertension. The prevalence was higher (32 percent) in senior citizens (aged 60 years and above) than those in the age group 45 to 59 years (21 percent).

The prevalence was higher in women (36 percent) than men (27 percent) among the senior citizens. The disease was also more prevalent among those living in urban areas (47 percent) than those in rural areas (26 percent).



## DR. HARSHAL PANDVE

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Dr. Harshal's insight on the prevention and control of hypertension is a step in helping us understand the disease, raise awareness and acknowledge the dangers of hypertension.

**TIME: 5.30 PM TO 6.30 PM**

**DATE: 17 TH MAY 2022**



**For registration Scan the QR Code or use the link:  
<https://bit.ly/38OudPQ>**